

STORIES OF HEALING

1,680 clients received mental health counseling



14,917 individual mental health therapy sessions
main clinic, schools & community-based clinics

56% of our clients cannot afford the therapy they need

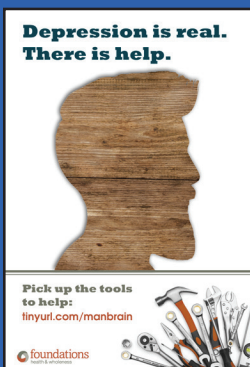
50 counseling sessions using Spanish & Hmong language interpreters

mental health counseling at **3** public schools



FIGHTING STIGMA!

The Man Project is a special initiative made possible by the J. J. Keller Foundation to reduce men's suicide* and to provide men with resources they need to live well



*men die by suicide **4x** more than women

Special thanks to Brown County Tavern League Members for their outreach partnership by placing our posters & coasters in their establishments

FAMILIES MATTER!



Trauma-Informed Parenting Classes & Women and Infant Postpartum Depression Group Therapy

community collaborations

STORIES OF HOPE

204

children & teens served in foster care



28,489

census days of foster care

32 new licensed foster homes



74 total licensed foster homes

4 foster care offices serving Wisconsin children

- Green Bay • Greater Milwaukee
- Fox Valley • Lakeshore Area



11 adoptions



KEEPING SIBLINGS TOGETHER!

45

groups of siblings able to stay together in foster care

It's About Fostering Hope

A group of siblings shared some things they are grateful for with their foster mom. Here's what they had to say:

I am getting better at baseball.

I made a select soccer team.

I am in a great foster home.

No one at my new school makes fun of my scars.

I have not gotten in trouble at school this year.

I love that I am at school on time.



2019 Foster Care by Foundations Team

You are our greatest foster care recruiting asset!



Word of mouth leads to more foster parents and more children with hope.



500 HOURS



serving on mental health task forces & committees

7 therapists provide counseling at community-based clinics **10** embedded in **7** basic needs organizations



100% of clients are at or below ALICE (Asset Limited, Income Constrained, Employed)

What we learn by listening to one another's stories:

Never underestimate someone's ability to change.

One person getting better can have an everlasting positive effect on others.

People get better when people and communities work together.

Everyone matters.

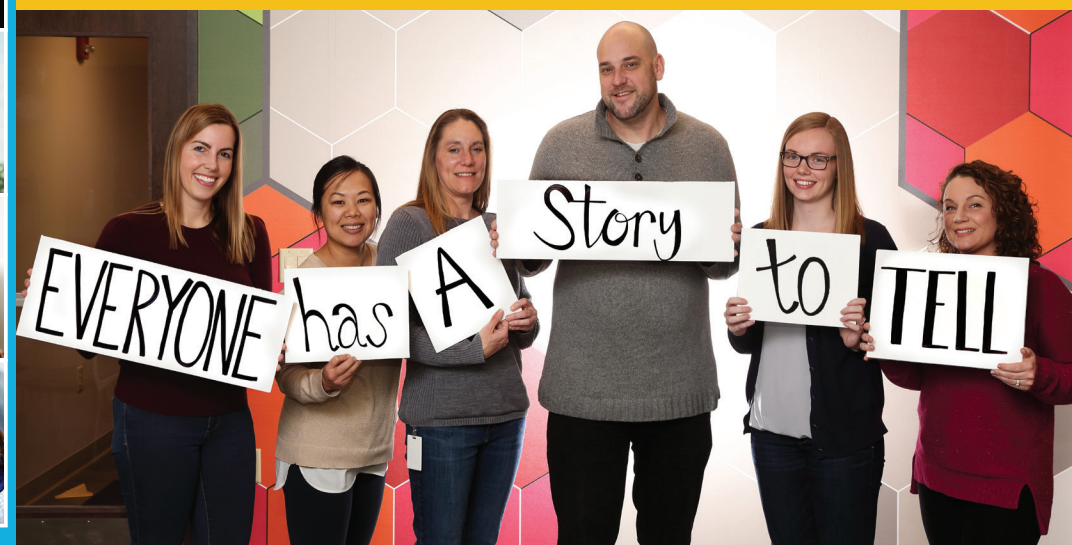


STORIES THAT MATTER



2019 ~~IMPACT~~ REPORT

GRATITUDE



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Foundations Health & Wholeness is a nonprofit organization with a mission of innovating care to heal mind and spirit; changing lives, families, and communities.

WeAreFoundations.org

Stories matter. Stories connect us.

Through stories, we find common ground to share our hopes, dreams, fears, hardships, and joys.

They shape our perspective of our community.

Each statistic inside is a story that you made possible.

Each piece of data is a story of healing and hope.