

2021 was a challenging year. Year two of the COVID19 pandemic. We thought we were going to see the opening up of our lives and our world. Instead, we collectively went through starts and stops – and struggles. Individually, we were at different places, physically and emotionally. While we went into the pandemic together, we had to find our individual ways out of it. Cultural and political issues further divided us. In our work to come back together, many people felt less unified.

However, the other reality is that we saw so much compassion, resilience, and connection all around Wisconsin during our biggest challenges of the year. Last year, our donors cared so much about the mental wellness of their communities. They made sure everyone who needed mental health care received it. 60% of our clients have financial barriers to counseling, and our generous donors made sure those barriers were removed. Last year, all of our therapists were trained in AODA (alcohol and other drug addiction) assessments and are able to treat dual diagnoses of mental health and addiction. People healed mind and spirit because of our donors.

In addition, our kind supporters made sure that the prevention education and outreach work of the RAYS Youth Services team could happen. Because of them, thousands of teens received important social and emotional learning, had their basic needs taken care of, and found safe places to stay. Teen victims of trafficking were saved from further harm and exploitation.

Finally, families throughout Wisconsin were partners with us by becoming licensed foster parents. They were safe havens for children and teens of all ages throughout Wisconsin.

So, through a challenging year, our donors, supporters, champions, and ambassadors made sure that we remain united for each other. They showed that together we can transform lives, families, and our communities.

With a grateful heart, The Foundations Team

Foundations Health & Wholeness is a nonprofit organization with a mission of innovating care to heal mind and spirit; changing lives, families & communities.

[WeAreFoundations.org](https://WeAreFoundations.org)



## 2021 Gratitude Report



**As an organization, we believe in unity and coming together to help each other heal. During 2021, many people felt disconnected by the COVID pandemic and other events. Our donors made sure that Foundations remained a place of healing and unity. The circles here represent the unity and wholeness that our supporters made possible.**

## Counseling

you helped us serve clients who speak Spanish, Hmong, and American Sign Language

**14,321**  
sessions

**60%**

of clients were uninsured or underinsured

our generous and kind donors made their impact by removing financial barriers to care so clients could get the counseling they needed to heal

**13**

total therapists

**7**

child & teen therapists

**1,458**  
clients

because of you, we were able to serve clients ages 5-85

### Removed mental health barriers by providing counseling at social service organizations:

- Aging & Disability Resource Center
- Freedom House
- House of Hope
- Micah Center/St. John's Shelter
- New Community Shelter
- N.E.W. Community Clinic
- NWTC
- Outreach Healthcare



celebrated  
**5**  
people putting their ethics into action

**RAYS**  
Youth  
Services

**6**

foster care offices serving all of Wisconsin

Offices in:  
Green Bay  
Sheboygan  
Fox Valley  
Milwaukee  
Stevens Point  
Janesville

## Foster Care

**51**

new licensed foster homes

**140**

total licensed foster homes

### Foster Family Navigators

licensed therapists help foster parents with self-care

### Foster Parent Champion

experienced foster parents serve as another resource for other foster families

**260**

children & teens served in foster care

**45,018**

census days of foster care

**51**

reunifications

**15**

Adoptions

**24-hour**  
helpline  
for youth

helping youth in Sheboygan and Manitowoc Counties

outreach to 3,000 youth

**158**

youth served in crisis support